

Sausage, Egg and Cheese Breakfast Tots

You can omit the sausage to create a vegetarian-based treat, or use any other type of meat desired. Super yummy and fun to eat!

Ingredients

- 48 Tater Tots , frozen
- 6 Eggs , large
- 8 oz Ground sausage
- 4 oz Cream cheese
- 4 oz Cheddar cheese , shredded

Directions:

1. Preheat oven to 425°F.
2. Brown sausage in a skillet over medium high heat. Once meat has browned drain the grease then add sausage and cream cheese back to the skillet and cook until fully combined. Set aside.
3. In a skillet scramble the eggs and set aside.
4. Grease a mini muffin pan and place three tater tots in each cup. Bake for 10 minutes.
5. After 10 minutes remove the muffin pan from the oven and use a tamper to press the tater tots down into each cup. This will create a tater tot cup.
6. Fill the tater tots with a small spoonful of eggs (about 1 teaspoon) and then place 1 teaspoon of sausage on top of the eggs.
7. Place the tater tots back in the oven and cook for another 15 minutes.
8. Remove the breakfast tots from the oven and sprinkle with a little cheddar cheese then return to the oven for another 2-3 minutes or until cheese has melted.
9. Remove breakfast tots from the oven and let cool for 5 minutes before removing them from the muffin pan.
10. Enjoy!

